

DJ M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Sport and Exercise Science from University of Northern Colorado
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- I became a personal trainer because I have always had a passion of helping others. I love to motivate others because I know what strength they are capable of and I want them to understand their full potential.



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 956

