

Amy W.



Certified Personal Trainer
Team Member Since: 2007

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Family time - playing with my kids
- Working out
- Reading anything on health and fitness
- Boot camps and Tabata



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 958