

Ryan L.



Certified Personal Trainer
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Bodybuilding
- Fitness
- Mixed martial arts



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 961

